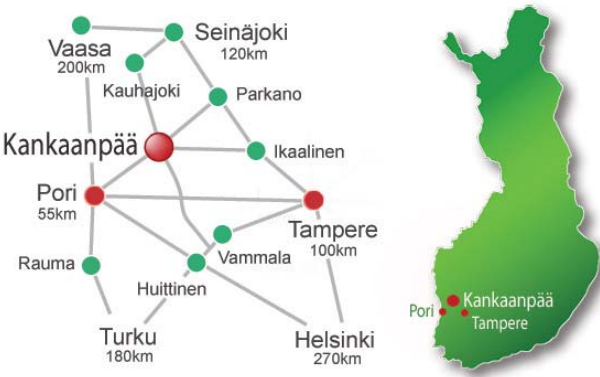


Nordic ALS 2009

General Information

Location	Rehabilitation Centre Kankaanpää Kelankaari 4, 38700 Kankaanpää, Finland Tel. +358 2 57333 http://www.kuntke.fi
Airports	Helsinki, Turku, Tampere, Vaasa, Pori 
Harbour	Turku, Helsinki, Vaasa
Bus	Bus stations at Turku, Pori, Helsinki, Tampere, Vaasa Information on bus schedules: www.matkahuolto.fi
Train	Nearest railway stations: Parkano, Pori, Tampere Information on train schedules: www.vr.fi
Exchange of currency Credit cards	Exchange of currency (€) in banks (Nordea, Länsi-Suomen Osuuspankki, Sampo-Pankki and Parkanon Säästöpankki, open Mon-Fri 10.00-16.00) in Kankaanpää (1,8 km), where automatic cash dispensers are also located. Most credit cards are accepted in Kankaanpää Rehabilitation Centre (American Express, Diners Club, Mastercard, Visa), where money can also be withdrawn at the reception (minimum 50 €).
Accessibility	The whole location of Kankaanpää Rehabilitation Centre is accessible for wheelchair users
Boarding	Meals are included in accommodation prices. If you use feeding tube, it is recommended to bring own formulas.
Electricity and plugs	220 v and European standard
Internet	Available in library at Rehabilitation Centre Kankaanpää
Kankaanpää City	More information at http://www.kankaanpaa.fi
Driving instructions to Rehabilitation Centre Kankaanpää	From Turku: Drive towards Tampere (route 9), at Aura turn left towards Huittinen (route 41). After app. 27,5 km turn left towards Kankaanpää (route 44) and after app. 58 km turn right to Rehabilitation Centre Kankaanpää From Tampere: Take route 65/E12 towards Vaasa, drive towards Pori/Vaasa, turn right towards Kankaanpää (route 44) From Helsinki: Drive towards Tampere on route E12 drive towards Vaasa (3), drive towards Pori (11), turn right towards Kankaanpää (44)
Additional information	Sinikka Loukamaa: +358 2 273 9730 Ritva Pirttimaa: +358 50 5722784 nordicals.2009@lihastautiliitto.fi